## **CLAIMS**

What is claimed is:

- Body board handles designed and constructed for recreational water activities
   comprising:
  - a durable plastic or weather resistant mounting post, handle, adjusting strap and grip.
- 2. Body board handles according to claim 1 wherein the handles can be attached to any
  body board, boogie board or water sport board.
  - 3. Body board handles according to claim 1 wherein the board handles are designed to be encircled by the operator's hands and fingers.
- 4. Body board handles according to claim 1 wherein the handles can be easily removed or replaced.
- 5. Body board handles according to claim 1 wherein the handles are mounted using standard plastic anchors and/or screws, known as a body board anchors and/or Flat Top
   20 Anchors.
  - 6. Body board handles according to claim 1 wherein the board is manufactured through an injection mold process.
- 7. Body board handles according to claim 1 wherein the handles can be permanently or temporarily mounted.